

Participant ID:

{pid}

Date of Visit:

{d_form}

Acrostic:

{acrostic}

Administered By:

{compby}

Visit Code:

{visit_code}

Barcode:

{barcode}

On a scale from 1 to 10, with 1 being very confident and 10 being not confident at all, how confident are you that you do the following activities without falling?

ACTIVITY

Score:

1 = very confident

10 = not confident at

all

1. Take a bath or shower

{bath}

- ()
- (1) 1- Very confident
- (2) 2
- (3) 3
- (4) 4
- (5) 5
- (6) 6
- (7) 7
- (8) 8
- (9) 9
- (10) 10- Not confident

2. Reach into cabinets or closets

{closets}

- ()
- (1) 1- Very confident
- (2) 2
- (3) 3
- (4) 4
- (5) 5
- (6) 6
- (7) 7
- (8) 8
- (9) 9
- (10) 10- Not confident

3. Walk around the house

{walk}

- ()
- (1) 1- Very confident
- (2) 2
- (3) 3
- (4) 4
- (5) 5
- (6) 6
- (7) 7
- (8) 8
- (9) 9
- (10) 10- Not confident

4. Prepare meals not requiring carrying heavy or hot objects

{meals}

- ()
- (1) 1- Very confident
- (2) 2
- (3) 3
- (4) 4
- (5) 5
- (6) 6
- (7) 7
- (8) 8
- (9) 9
- (10) 10- Not confident

5. Get in and out of bed

{bed}

- ()
- (1) 1- Very confident
- (2) 2
- (3) 3
- (4) 4
- (5) 5
- (6) 6
- (7) 7
- (8) 8
- (9) 9
- (10) 10- Not confident

6. Answer the door or telephone

{door}

- ()
- (1) 1- Very confident
- (2) 2
- (3) 3
- (4) 4
- (5) 5
- (6) 6
- (7) 7
- (8) 8
- (9) 9
- (10) 10- Not confident

7. Get in and out of chair

{chair}

- ()
- (1) 1- Very confident
- (2) 2
- (3) 3
- (4) 4
- (5) 5
- (6) 6
- (7) 7
- (8) 8
- (9) 9
- (10) 10- Not confident

8. Getting dressed and undressed

{dressed}

- ()
- (1) 1- Very confident
- (2) 2
- (3) 3
- (4) 4
- (5) 5
- (6) 6
- (7) 7
- (8) 8
- (9) 9
- (10) 10- Not confident

9. Personal grooming (i.e. washing your face)

{groom}

- ()
- (1) 1- Very confident
- (2) 2
- (3) 3
- (4) 4
- (5) 5
- (6) 6
- (7) 7
- (8) 8
- (9) 9
- (10) 10- Not confident

10. Getting on and off the toilet


{toilet}

- (0)
- (1) 1- Very confide
- (2) 2
- (3) 3
- (4) 4
- (5) 5
- (6) 6
- (7) 7
- (8) 8
- (9) 9
- (10) 10- Not confi

Total Score:

A total score of greater than 70 indicates that the person has a fear of falling

Falls Efficacy Scale

PID:	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	ADMINISTERED BY:	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
ACROSTIC:	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	 123456789	
VISIT:	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>		
DATE of VISIT:	<input type="text"/> <input type="text"/> / <input type="text"/> <input type="text"/> / 20 <input type="text"/> <input type="text"/>		

On a scale from 1 to 10, with 1 being very confident and 10 being not confident at all, how confident are you that you do the following activities without falling?

Activity	Score: 1 = very confident 10 = not confident at all
1. Take a bath or shower	<input type="text"/> <input type="text"/>
2. Reach into cabinets or closets	<input type="text"/> <input type="text"/>
3. Walk around the house	<input type="text"/> <input type="text"/>
4. Prepare meals not requiring carrying heavy or hot objects	<input type="text"/> <input type="text"/>
5. Get in and out of bed	<input type="text"/> <input type="text"/>
6. Answer the door or telephone	<input type="text"/> <input type="text"/>
7. Get in and out of a chair	<input type="text"/> <input type="text"/>
8. Getting dressed and undressed	<input type="text"/> <input type="text"/>
9. Personal grooming (i.e. washing your face)	<input type="text"/> <input type="text"/>
10. Getting on and off the toilet	<input type="text"/> <input type="text"/>